## **WE GOT THIS!**

Together we can work out a care plan that covers your needs, your schedule and brings peace of mind.

### We'll Help...

Review your options, set priorities and select a caring, sympathetic care giver, one who matches your needs and situation.

### We are committed...

To provide the highest quality of care in the comfort of your home. Respecting your family privacy is *our priority.* 



CALL TODAY (860) 305.0591 (860) 559.5513

or visit us at: www.**CleanandGreenCT.**com Facebook.com/CleanAndGreenCT

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## POLISH NON-MEDICAL HOMECARE SERVICES

by Clean & Green Cleaning Service, LLC

Licensed, Insured & Bonded

# POLISH NON-MEDICAL HOMECARE SERVICES



We're there....
when you can't be

- EXPERIENCED
  - CARING
  - RELIABLE

Clean & Green Cleaning Service, LLC

860.305.0591 • 860.559.551

www.CleanandGreenCT.com

### Who We Are



Clean & Green Cleaning Service, LLC has been serving CT customer's homes and businesses for more than 15 years. The personal, reliable caring we are known for has a natural extension: serving many of those same clients and aging families when a homecare need arises.

We specialize in Polish and Eastern European caregivers with references and great reputations. Some are specifically experienced with Alzheimer's, Dementia, or Parkinson's Care. All have fall prevention training.

Clean & Green, LLC Principals:

Kasia Bratz (cleangreenkbratz@comcast.net) & Arleta Kordylewska (cleangreenllc@aol.com) bring a lifetime of credentialed education, business acumen and professional training to their work.

### We Offer:

The highest quality assistance and home care to our elderly/disabled clients.

- 24/7
- · Hourly care
- Live in
- Short term
- Long term

Independence, dignity and the best possible quality of life are our goals regardless of your/their needs.



Respite Care:
Do YOU need a break?

We will cover your caregiver work for a short time while you emotionally and physically recharge. Whether it is a few hours or days, we can give you the time needed to rest, recover a loving perspective and take care of your own well being.

# Our Caregivers at Polish Non-Medical Homecare Service can help with:

### Companionship

Our caregivers are friendly, engaging and nurturing people who are in this field because they love giving comfort to others in need.

### Bathing, Dressing & Grooming

Our caregivers are respectful, always working to preserve dignity and modesty.

### Transportation

Our caregivers will escort clients to doctor appointments, shopping or to recreational activities.

### Housekeeping

Choose whole house cleaning or light housekeeping services. For a complete list of our services see our website: cleanandgreenct.com

### **Meal Preparation**

There's much more to home-cooked meals than "warming up food." We will listen to a patient's dietary needs and preferences, shop for the necessary groceries, put the groceries away, and prepare a nutritious meal to your specifications.

#### Phone Assistance

Communication and support are essential in homecare. We will be a part of your family's care team. Our caregivers will stay in contact with your loved one and provide a full report on any issues when needed.